University of South Florida
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Tampa, FL 33612-4799

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PRE-CONFERENCE: MARCH 28, 2011

MAIN CONFERENCE: MARCH 29-MARCH 31, 2011

POST-CONFERENCE: APRIL 1, 2011

Buena Vista Palace Hotel and Spa Lake Buena Vista, Florida

# Thantual Safe Patient Handling & Movement Conference PRE-CONFERENCE: MARCH 28, 2011 MAIN CONFERENCE: MARCH 29-MARCH 31, 2011

- Outstanding faculty
- "Hands-On" Practice Sessions
- Large Exhibit Hall with New and Emerging Technologies

Program Director Audrey Nelson, PhD, RN, FAAN, Director

POST-CONFERENCE: APRIL 1, 2011

Buena Vista Palace Hotel and Spa Lake Buena Vista, Florida





Department of Veterans' Affairs James A. Haley Veterans' Hospital











# Faculty

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# Course Description

This conference will provide participants with cutting edge research, best practices, and lessons learned in safe patient handling. The conference includes diverse learning opportunities, including plenary sessions, concurrent sessions, workshops, "hands on" practice sessions, poster sessions, and a large exhibit hall with new and emerging technologies. Innovations from around the world will be presented, addressing such topics as safety legislation, practice tips, technology solutions, effective training techniques, successful organizational strategies, and building a business case for safe patient handling programs. Detailed conference materials will include a textbook on Safe Patient Handling, education materials, as well as other cognitive aids and tools to facilitate implementation of best practices.

# Target Audience

This conference is designed to meet the needs of direct health care providers, managers, administrators, risk managers, educators, industrial hygienists/safety professionals, and researchers of any discipline who are interested in advancing safety for patients and caregivers. To meet the needs of a diverse audience, focused tracks have been established for several targeted audiences, but participants can select any session during a designated time slot.

Track A: Direct Patient Care Providers

Track B: Unit-Based Peer Leaders (Coaching and Training Techniques)

Track C: Facility-Based Program Leaders (Champions)

Track D: Physical and Occupational Therapists

Track E: Challenges in Special Patient Populations

Track F: Evaluation/Research

# **Conference Objectives**

Upon completion of this program, the participant should be able to:

- 1. Identify three best practices for patient care ergonomics.
- 2. Assess technological solutions for safe patient handling and movement.
- 3. Describe three ergonomic hazards common in patient care settings.
- 4. Use effective strategies to educate direct care providers, students, and administrators about patient care ergonomics.
- 5. Formulate strategies for reducing risk to caregivers at your facility.
- 6. Assess the cost/benefit of various interventions to reduce the risk for musculoskeletal injuries in patient care providers.



## Accreditation

**NURSES:** The University of South Florida College of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This main conference activity is for 17.1 contact hours. The AM pre-conference activity is for 3.5 contact hours and the PM pre-conference activity is for 2.8 contact hours. The post conference activity is for 7.0 contact hours. The University of South Florida is approved by the California Board of Registered Nursing, Provider Number CEP13307

**PHYSICIANS:** This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of South Florida College of Medicine and the Department of Veterans Affairs, VISN 8 Patient Safety Center of Inquiry, James A. Haley Veterans' Hospital and VISN 8 Sunshine Healthcare Network. The University of South Florida College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of South Florida College of Medicine designates this educational activity for a maximum of 30.4 category 1 credits towards the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

PHYSICAL THERAPISTS: USF Health is an approved provider of Continuing Education for Physical Therapists pursuant to the Florida Board of Physical Therapy chapter 64b17-9. USF Health designates the main conference activity for 20.5 contact hours. The AM pre-conference activity is for 4.2 contact hours and the PM pre-conference activity is for 3.3 contact hours. The post conference activity is for 8.4 contact hours.

APTA is applying for continuing education to the following state licensing boards, Ohio, Oklahoma, Nevada, and Pennsylvania. APTA has received continuing education approval for this conference from the Texas Physical Therapy Association and the California Physical Therapy Association.

LICENSED OCCUPATIONAL THERAPISTS: USF Health is an approved provider (#107, exp. 02/28/11) of Florida continuing education for Occupational Therapy Licensees. This main conference program has been reviewed and approved for up to 20.5, 50 minute contact hours. The AM pre-conference program has been reviewed and approved for up to 4.2, 50 minute contact hours and the PM pre-conference activity is for 3.3 contact hours. The post conference program has been reviewed and approved for up to 8.4, 50 minute contact hours. Licensee numbers are required prior to the issuance of certificates.



# Call for Posters

Submitted poster abstracts should follow closely with the purpose of the conference. Abstracts should be no more than 500 words in length stating the research study or program description. All abstracts must be received on or before January 14, 2011. Authors will be notified of acceptance no later than February 18, 2011.

Please mail or email abstracts to:
Mary W. Matz, MSPH, CPE
Patient Safety Center
Grand Oak Plaza
8900 Grand Oak Circle, Tampa, FL 33637-1022
(813) 558-3928
Mary.Matz@va.gov
For more information visit: www.patientsafetycenter.com

# Agenda 11th Annual Safe Patient Handling & Movement Conference March 28 - April 1, 2011 Buena Vista Palace Hotel and Spa, Lake Buena Vista, Florida

### **Pre Conferences**

Monday, March 28, 2011

7:00 - 1:00 PM Registration 7:00 – 8:00 AM Continental Breakfast

### 8:00 - 12 NOON

### "HANDS-ON" PRACTICAL EXPERIENCE WITH THE NEWEST PATIENT HANDLING EQUIPMENT:

### Part I: Ambulation, Toileting, and Transport Tasks

This pre-conference provides a tutorial and opportunities to gain competencies in the newest patient handling equipment. This program would be most helpful for direct care providers as well as educators and peer safety leaders responsible for competency assessments of staff. Participants will rotate to several unique stations.

- Awareness of expanded capacity (knowing weight limits of patient handling devices and common fixtures such as handrails and toilets)
- Patient transport technologies to minimize risk associated with push/pull forces (seated)
- Patient transport technologies to minimize risk associated with push/pull forces (supine)
- Technologies and techniques for ambulating patients at risk for falls
- Technologies and techniques for toileting partially dependent patients
- Technologies and techniques for toileting fully dependent patients
- Tips for managing difficult situations: confused or combative patients; patient refuses to use a patient handling device
- Commode/shower/hygiene chairs

Kay Steadman, Andrew Rich, Patricia Mechan, JoAnn Bunke, Stephanie Radawiec, Rebecca Proctor, Manon Short, Caroline Berns, Andrea Baptiste

### 8:00 - 12 NOON

### CHALLENGES AND SOLUTIONS FOR SAFE PATIENT HANDLING IN **OUTPATIENT SETTINGS**

This pre-conference workshop is suitable for any group of staff who either works in or is responsible for implementing SPHM into an outpatient environment. The participants will have the opportunity to experience a "hands on" approach to a variety of SPHM equipment in a "mock up room setting" that is suitable for the exam room, doctors office, therapy clinics, dental, and diagnostics, as well as, receiving information on the challenges that they also need to consider such as accessibility to the building, and the needs of both bariatric and disabled patients.

Heather Monaghan, Tamara James, Yeu Li Yeung

### 1:00 - 4:00 PM

### NON-PUNITIVE BEHAVIORAL BASED STATEGIES TO ENHANCE STAFF ENTHUSIASM FOR SPH PROGRAMS

Participants will learn techniques to challenge beliefs, change behaviors and create win-win outcomes with direct care providers. We will speak about the "people" side of safety. This workshop is designed for anyone who is faced with the responsibility of implementing a SPH Program in their facility. You will leave with renewed energy, greater confidence and will have fun doing it. Content includes:

- Leadership and behavioral styles to be able to adapt your approach specific to changing situations
- Techniques to foster belief in the process to increase compliance in their actions
- The effective use of storytelling to gain personal buy-in
- Techniques to manage the effects of change in your work environment
- Active listening techniques
- The impact of risk tolerance when it comes to making decisions about personal safety Diane Dick, Kathleen Nelson

1:00 - 4:00 PM

### "HANDS-ON" PRACTICAL EXPERIENCE WITH THE NEWEST PATIENT HANDLING EQUIPMENT

### Part II: Bed-Related Patient Handling Tasks

This pre-conference provides a tutorial and opportunities to gain competencies in the newest patient handling equipment. This program would be most helpful for direct care providers as well as educators and peer safety leaders responsible for competency assessments of staff. Participants will rotate to several unique stations, addressing:

- Technologies/techniques for bed repositioning
- Diverse (and underutilized) sling options for ceiling lifts
- Limb Holding Solutions
- Tips for personal care (feeding stools, dressing/undressing, bathing in bed)
- Innovative applications for friction reducing devices
- Air-assisted lateral transfer devices and integration of air-assisted lateral transfer devices across settings
- Low tech devices for assisting partially dependent patients out of bed Kay Steadman, Patricia Mechan, JoAnn Bunke, Stephanie Radawiec, Rebecca Proctor, Manon Short, Caroline Berns, Andrea Baptiste

### 4:00 - 4:30 PM

### ORIENTATION FOR FIRST TIME CONFERENCE ATTENDEES

(No charge for this session)

Welcome to first time conference attendees! With over 850 participants, international faculty, multiple cosponsors, and 150+ exhibitors, we believe this is the largest safe patient handling conference in the world. This brief orientation session is designed to make you feel comfortable and get the most out of your learning experience. Meet Dr. Audrey Nelson, the Program Director, who will provide an overview of the conference and tips for getting the most out of each venue, including how best to explore the exhibit halls; how to select the right concurrent sessions for your level of expertise, discipline, and role in the safe patient handling program; networking opportunities; special interest groups; and post conference opportunities. A brief overview of the conference facilities and potential extracurricular activities will be provided by Dr. Gorzka.

Audrey Nelson, Patricia Gorzka

### 4:00 – 7:00 PM Exhibit Hall Grand Opening and Reception

### Day 1: Main Conference

Tuesday, March 29, 2011

6:30 – 4:45 PM Registration

6:30 – 8:00 AM Continental Breakfast, Exhibit Hall

8:00 – 8:20 AM Welcome Remarks

**Program Chair:** 

Audrey Nelson, Patient Safety Center

**Co-Sponsors:** 

Michael Hodgson, Veterans Health Administration (VHA)

Karen Daley, American Nurses Association

Kenneth Harwood, American Physical Therapy Association

Thomas Waters, National Institute for Occupational Safety and Health (NIOSH) Michael Betts & Carole Johnson, National Back Exchange United Kingdom)

Susan Gallagher Camden, National Association of Bariatric Nurses

Charlotte Eliopoulis, Ron Romano, American Association for Long Term Care Nursing

Patricia Gorzka, University of South Florida

### 8:20 – 9:05 AM Safe Patient Handling: Cultural and Historical **Lessons Learned** Audrey Nelson

9:05 – 9:45 AM Aging and Obesity: Impact of National Trends on Safe **Patient Handling** Nancy Hughes

### 9:45 - 10:45 AM Break, Exhibit Hall

Beginners/Intermediate Level and First Time Conference Attendees	Advanced Level
10:45 – 11:30 AM Biomechanical Evidence: No Safe Way to Manual Lift Patients William Marras	Round Table Discussions and Research Priority Setting on: 1. Evidence Gaps 2. Technology Gaps
11:30 – 12:15 PM Show me the Evidence! Reader's	3. Implementation Challenges 4. Policy (state, national, international)
Digest Version of Research Supporting Safe Patient Handling Thomas Waters	Facilitators: Kenneth Harwood, Barbara Silverstein, John Lloyd, Deborah Rugs, Michael Hodgson.

### 12:15 – 1:15 PM Lunch, Exhibit Hall

Enjoy a restful lunch or take advantage of the optional Round Table Discussions (Signs posted on tables-meet others at the conference with similar interests; these sessions do not

have a facilitator).

Acute Care, Long Term Care, Emergency Services, Critical Care, Bariatrics, Home Care, Operating Room, Rehabilitation, Therapy Clinics, Pediatrics, Labor/Delivery, Psychiatry, Insurance, Educators, Safety Officers/Program Managers, Risk/Loss Control Managers, Legislative Initiatives, Occupational Health.

### 1:15 – 1:25 PM Bernice Owen Award for Research in Safe Patient Handling Awarded to: James Collins

### 1:25 – 2:05 PM Bernice Owen Lecture: Evaluation of Best Practices in **Safe Patient Handling**

**James Collins** 

### 2:05 – 2:30 PM Advocacy Awards

National Association of Orthopedic Nurses (NAON) Association of Operating Room Nurses (AORN) Mary Matz (VHA)

### 2:30 – 3:10 PM Break, Exhibit Hall

3:10 – 4:10 PM Marketing your Program: From Kickoff to Resuscitation Gail Powell-Cope, Bert Dunbar, Andrew Rich

### 4:10 PM Adjournment

### 4:15 PM Special Interest Group Meetings (Optional)

- VA Facility Champion Special Interest Group (Mary Matz, Facilitator)
- Long Term Care Special Interest Group (Charlotte Eliopoulis, Facilitator)
- Staff Nurse Special Interest Group (Karen Daley, Facilitator)

 Magnet Hospital Criteria and Safe Patient Handling (Tamara James, Facilitator)

### Day 2: Main Conference

Wednesday, March 30, 2011

7:00 – 4:45 PM Registration

7:00 - 8:00 AM Continental Breakfast, Exhibit Hall

7:00 – 7:40 AM Breakfast Sessions

(Optional, Limited Seating, Additional Cost, No CE provided)

#1 Tips for Getting the Most out of Hiring a Consultant for Patient **Care Ergonomics** 

Heather Monaghan, Kay Steadman

- **#2 Safe Patient Handling Guidelines for Operating Rooms** Deborah Spratt
- #3 Merging Safe Patient Handling and Fall Prevention Programs Stephanie Radawiec
- #4 Root Cause Analysis, Apparent Cause Analysis, and **Common Cause Analysis of Patient Handling Injuries** Robert Williamson
- #5 International, National, and State Legislation for Safe Patient Handling Barbara Silverstein

### 8:00 – 8:40 AM Concurrent Paper Presentations (Select One)

- Track A Safe Patient Handling for Confused or Combative Patients Lyn Van Male
- Track B Applied Ergonomics for the Perioperative Staff Jane Andrews
- Track C Conducting a Gap Analysis Using ANA Handle with Care Criteria Sonya Zeller
- Track D Partial Body Weight Supported Treadmill Training: Biomechanical Risks and Rewards Judith Burnfield
- Track E Carpet versus Linoleum: Benefits and Barriers for Safe Patient Handling Lena Deter
- Track F Creating and Managing Light to Modified Duty Task Assignments Kay Steadman

### 8:50 – 9:30 AM Concurrent Paper Presentations (Select One)

Track A – Safety Huddles

Gail Powell-Cope, Inez Joseph

- Track B Practical Tips for Changing the Patient Handling Behaviors of Peers Heather Monaghan
- Track C Developing a Virtual Bariatric Consultative Team Chris Rutledge
- Track D Preventing Patient Handling Injuries in Family Caregivers Amy Darragh
- Track E Challenges in Safe Patient Handling in Emergency Departments Steve Lavender
- Track F Matching Implementation Strategies to Facility Hanneke Knibbe

### 9:30 – 10:30 AM Break, Exhibit Hall

### 10:30 – 11:10 AM Concurrent Paper Presentations (Select One)

Track A - Risks and Solutions for Critical Care Settings

Lisa Hoover, Stephanie Radawiec

Track B – Strategies to Effectively Assess Competency of Peers in Equipment Use Rebecca Proctor

Track C – New and Improved Safe Patient Handling Training Strategies
Andrew Rich

Track D – Developing an Interdisciplinary SPH Curriculum for Students
Lenore Frost, Kathleen Rockefeller, Nancy Hughes

Track E – Risks and Solutions for Safe Patient Handling in Outpatient Clinics
Tamara James

**Track F – Practical Solutions for Implementation Barriers**Patricia Mechan

### 11:20 – 12 Noon Concurrent Paper Presentation (Select One)

Track A – Use of Patient Handling Assessment Protocol and Algorithms to Reduce Practice Variation Audrey Nelson

Track B – Challenges in Implementation-When Physicians or Patients Shun Use of Equipment Kay Steadman

Track C – Psychosocial Risk Factors and Patient Handling Injuries
William Hirschuber

Track D – Implementing Programs in a Large Healthcare Setting Nancy McGann

Track E – Tissue Viability and Patient Handling in the Care of the
Obese Patient
Susan Gallagher Camden

Track F – Strategies for Gaining Program Support with Leadership at all Levels
Inez Joseph

### 12:00 - 1:00 PM Lunch, Exhibit Hall

Enjoy a restful lunch or take advantage of the optional Round Table Discussions (Signs posted on tables-meet others at the conference with similar interests; these sessions do not have a facilitator).

Acute Care, Long Term Care, Emergency Services, Critical Care, Bariatrics, Home Care, Operating Room, Rehabilitation, Therapy Clinics, Pediatrics, Labor/Delivery, Psychiatry, Insurance, Educators, Safety Officers/Program Managers, Risk/Loss Control Managers, Legislative Initiatives, Occupational Health.

### 1:00 – 2:45 PM Concurrent Workshop Sessions (Select 1)

### A. Safe Ambulation Technologies/Techniques to Prevent Falls.

This "hands on" workshop, geared toward nurses, will demonstrate practical techniques for using the newest patient handling technologies to safely ambulate a patient deemed to be at "high risk" for falls. Additional focus will be on consistent assessment and status assignment to prevent falls and near falls.

Stephanie Radawiec, Patricia Mechan, Kimberly Falco

### B. Developing an Action Plan: How to Get Started

This workshop is targeted for persons responsible for implementing safe patient handling programs. While content from the conference is fresh, facilitators will assist individuals or facility teams to develop targeted action plans for gaining support at your facility, anticipating and overcoming barriers to implementation, and monitoring program effectiveness.

Gail Powell-Cope, Guy Fragala

This workshop will provide participants with practical tips on how to obtain support to start a lift team program along with reviewing the components necessary to succeed with a lift team over time, including the use of patient lifting equipment. This program will be helpful for participants who are considering starting a lift team at their facility. Manon Short

### D. Building a Business Case for Safe Patient Handling

This workshop provides a toolkit to allow participants to customize templates and develop a financial plan supporting resource allocation for a safe patient handling program at the local level. The toolkit includes strategies for estimating program costs as well as predicting return on investment.

Edward Hall, John Celona

### E. Unit-Based Hazard Assessment for Safe Patient Handling

This presentation will give participants the information and tools needed to complete a patient care ergonomic evaluation that will be used to generate patient handling equipment and program recommendations.

Mary Matz

### F. Safe Patient Handling Risks and Solutions for the Operating Room

This workshop is targeted for perioperative personnel that are responsible for safe patient handling in their setting. The speakers will review the AORN Guidance Document on Safe Patient Handling and Movement in the Perioperative Setting including the tools developed. They will also discuss the latest solutions and technology available. Finally, barriers to implementation will be identified and ways to overcome these barriers will be discussed.

Deborah Spratt, Thomas Waters

2:45 – 3:30 PM Break, Exhibit Hall

### 3:30 – 4:25 PM Concurrent Sessions (Select 1)

Track A – Making the Best of Poorly Designed Patient Bathrooms for Safe Patient Handling

Patricia Mechan, Marinus Kristensen

Track B – Anticipating and Managing Staff Resistance: Tips for Peer Leaders
Rebecca Proctor, Heather Monaghan

Track C – Variation I Success for Facility Champions based on Full Time,
Part Time, or Collateral Assignments
Christine Elnitsky

Track D – Safe Patient Handling for the Therapist: The Next Step Jennifer Anderson, Jennifer McIlvanine

Track E – Safe Patient Handling and Continence in Long Term Care
Hanneke Knibbe

Track F – Tips and Tools for Monitoring Program Effectiveness Robert Williamson

### 4:25 PM Adjournment

### 4:15 PM Special Interest Group Meetings (Optional)

• Peer Leader Special Interest Group (Facilitator: Mary Matz)

• Therapists Special Interest Group (Facilitator: Kenneth Harwood, Amy Darragh)

• Advanced Facility Champion Special Interest Group (Facilitator: Barbara Silverstein)

• Lifting Team Special Interest Group (Facilitator: Manon Short)

### Day 3: Main Conference

C. Developing a Successful Lift Team

### Thursday, March 31, 2011

7:00 – 7:40 AM Breakfast Sessions

(Optional, limited seating, Additional Cost, No CE provided)

- **#1 Preventing Patient Handling Injuries in Family Caregivers**Amy Darragh
- **#2** Integrating a Lift Team into a Safe Patient Handling Program Lucas G. Waldon
- **#3** Six Sigma Analysis of Compliance with the Safe Patient Handling Kathleen Nelson
- **#4 ANA Recognition Program for Safe Patient Handling**Nancy Hughes
- #5 Where Next After "No Lift" Handling Policies a Review of Manual Handling in the UK and its Relevance to the USA Carole Johnson

7:00 – 8:00 AM Continental Breakfast Posters – Presenters at Posters Exhibits

8:00 – 10:00 AM Concurrent Workshop Sessions (Select 1)

# A. Safety, Quality and the Patient of Size: A Practical Approach to Handling and Movement Challenges Among the Obese Population

This workshop is designed for patient care providers with direct or indirect contact with the obese patient. Experience the practical application of safe handling technologies as they pertain to the challenges of the patient of size. Facilitators will present the importance of minimal lift strategies in developing and sustaining safe patient handling programs for special patient populations. Plan to take home resources, learning tools, job descriptions, web sources, and more to build your program, and create a real-life action plan for your setting!

Susan Gallagher Camden

### B. Nursing Leadership in Safe Patient Handling

This workshop is targeted for nurses in leadership roles of safe patient handling programs. Facilitators will present concepts around the importance of their support in developing and sustaining safe patient handling programs and includes a discussion with those attending the session to encourage sharing of experiences they have had within their programs.

Karen Daley, Nancy Hughes

# C. Gait and Pre Gait Technologies/Techniques – Prevent Falls and Advance Functional Progression

This "hands on" workshop, geared toward therapists, demonstrates practical techniques for using the newest patient handling technologies to safely and efficiently provide pre gait, balance and gait training. Additional focus will be effective team communication on patient's mobility status to assist in fall prevention.

Stephanie Radawiec, Patricia Mechan, Kathleen Rockefeller, Leslie Pickett, Margaret Arnold

# D. Tips for Avoiding the Top 10 Mistakes Made in Purchasing Patient Handling Equipment

This workshop is targeted for persons responsible for implementing safe patient handling programs. Facilitators will assist individual or SPH facility task force groups in how to navigate costly errors and frustrations that can diminish support in SPH program development. Discussions will include content on setting up and managing this specific phase of a SPH program on planning, active roles from SPH task force and executive management at your facility.

Kay Steadman

Successful program implementation is challenging—these are lessons learned over the years.

Audrey Nelson

### F. Guidelines for Safe Patient Handling in Orthopedic Settings

See how general safe patient handling guidelines were customized for special patient populations—specifically those treated in orthopedic settings.

Cynthia M. Gonzalez, Thomas Waters

10:00 – 10:30 AM Break, Exhibits, Poster Presentations (Poster Presenters will be Present)

### 10:30 – 11:10 AM Concurrent Paper Presentations (Select One)

- Track A Reducing Risk Associated with Bathing Tasks
  Hanneke Knibbe
- **Track B Diverse Sling Applications for High Risk Tasks**Esther Murray
- Track C Practical Issues Associated with Ceiling Lift Selection and Installation

  Manon Short
- Track D Data Supporting the Implementation of Trained and Coordinated Lift Teams Eric Race
- Track E Incorporating a Patient Handling Assessment Form in the Electronic Medical Record Lisa Ann Hoover
- Track F Risks Associated with Pushing, Pulling and Standing
  Thomas Waters

### 11:20 – 12 Noon Concurrent Paper Presentation (Select One)

- Track A Risks and Solutions for Home Health Care
  Esther Murray
- Track B Maintenance and Repair of Patient Handling Equipment Lena Deter
- Track C Magnet Status and Safe Patient Handling Programs
  Tamara James
- Track D Safe Patient Handling and FIM Scores in Rehabilitation Margaret Arnold, Carl Granger
- Track E Safe Patient Handling in the Weight Loss Surgery Service Line Susan Gallagher Camden
- Track F Innovations in Staff Training for Safe Patient Handling
  JoAnn Bunke

### 12:00 – 1:00 PM Lunch, Exhibit Hall

1:00 – 2:30 PM Process and Outcomes Associated with National Implementation of Evidence-Based Safe Patient Handling Programs in 140 Hospitals

Audrey Nelson

### 2:30 – 3:00 PM Break, Exhibit, Posters (Poster Presenters will be Present)

# 3:00 – 3:10 PM Best Practice Award for Safe Patient Handling Awarded to: Hospital of the University of Pennsylvania

3:10 – 3:30 PM Success Story: Best Practice Award Winner

Alexandra Rella, Jean Romano

### (in 3 minutes or less)

Moderator: Michael Betts

Budding Geniuses: Andrew Rich, Alexandra Rella, Carole Johnson, Christine Norton, Kathleen Nelson, Chris Rutledge, Kelly Roy, Rebecca Proctor, Robert Williamson

**4:30 – 4:45 PM Summary, Comments and Evaluations**Audrey Nelson

4:45 PM Adjournment, Poster Take Down

Post Conferences Thursday, April 1, 2011

7:00 - 8:00 AM Registration, Continental Breakfast

### 8:00 AM - 3:00 PM

### CERTIFICATE PROGRAM TO TRAIN UNIT-BASED PEER LEADERS

A Unit-Based Peer Leader is a frontline staff member that is charged with the responsibilities of becoming the Supermodel of Safe Patient Handling and Movement on their unit. One becomes a Supermodel through initial and continued education. This program exposes those new and not so new to the Unit Peer Leader role to an interactive day of learning about foundational and advanced elements to becoming a successful Unit Peer Leader. Program elements include algorithm utilization, championing a culture of safety, tips to train and coach coworkers, and learning how to turn challenges into learning experiences. It is strongly suggested that participants also sign up for the Pre-Conference "Hands-On" Practical Experience with the Newest Patient Handling Equipment. After Program completion, each participant will receive a certificate of completion. Heather Monaghan, Rebecca Proctor

### 8:00 AM - 3:00 PM

# ARCHITECTURAL AND SPACE CONSIDERATIONS FOR SAFE PATIENT HANDLING

Transferring, moving and mobilizing patients always take place in three dimensions and even the most space-efficient moves require clearance for caregivers over and above any equipment that might be used. So the spatial relationships within a room are an inseparable consideration for planning and layout purposes. Interestingly, minimum code requirements are at distinct odds with, or worse, wholly ignorant of space needs for safe patient handling and movement. In addition, architectural elements such as doors, hallway widths, thresholds, etc. either support or inhibit the transfers, moves, and mobilization associated with safe patient handling. This seminar will explore space requirement needs associated with performing common patient handling tasks in a safe and efficient manner, both for normative-size and bariatric patients. We will examine the impact of architectural elements in accomplishing these ends.

Roger Leib, Mary Matz, Hanneke Knibbe

# Location

Buena Vista Palace Hotel and Spa, Lake Buena Vista, Florida. Heighten your Orlando experience at a Downtown Walt Disney World® resort that soars above the rest. Towering 27 stories above the world's favorite destination, the Buena Vista Palace Hotel & Spa in the WALT DISNEY WORLD® Resort raises the bar for exceptional quality and service in this sunny locale. Feel the magic the moment you arrive. Enjoy luxuriously appointed guest rooms complete with high-speed and wireless Internet access. Take a refreshing dip in one of three outdoor pools, or schedule a soothing treatment at the full-service European Spa. Experience the spectacle of world-famous Downtown Disney, with its vibrant shops, delicious restaurants, and thrilling nightlife. Or, if you prefer, drive 20 minutes to the theater, sports, and cultural

opportunities of downtown Orland

- Located on 27 beautifully landscaped acres in Lake Buena Vista, Florida
- Six onsite restaurants and lounges, including The Outback Restaurant, specializing in fresh seafood and steak
- Across the street from Downtown Disney<sup>®</sup>, featuring the Marketplace, Pleasure Island, and Downtown Disney's West Side
- Complimentary Disney transportation, to all Disney Theme Parks and water parks
- Just 20 minutes from the Orlando International Airport (MCO)

### **SPECIAL FEATURES:**

Wireless internet access in all public spaces and meeting areas, in-room high speed and wireless Internet access, 10,000-square-foot, European-style spa, providing more than 60 spa services, including massages, body treatments, and facials.

### **Hotel Reservations:**

Conference registrants will receive the special group rate of \$169 per night single or double occupancy plus applicable sales taxes, currently 12.5%.

VA or government employees: A limited number of rooms will be available at the prevailing government rate plus applicable taxes and fees.

To make reservations, contact the Buena Vista Palace reservation Office at 866-397-6516 and request the group rate for the USF College of Nursing Safe Patient Handling and Movement Conference.

All reservations received after 5 pm Friday, March 4, 2011 will be accepted on a space and rate available basis.

### Parking:

Complimentary hotel parking is provided for all attendees and guests of the hotel.

### **Transportation:**

For shuttle transportation from the Orlando Regional Airport to Buena Vista Palace Hotel & Spa call Mears Transportation at 800-759-5219 or visit their website at www.mearstransportation.com.

### **Accommodations for Disabilities**

Please notify the CPE Office, 12901 Bruce B. Downs Blvd., MDC Box 60, Tampa, Florida, 33612 or call (813) 974-4296 a minimum of ten working days in advance of the event if a reasonable accommodation for a disability is needed.

Events, activities and facilities of the University of South Florida are available without regard to race, color, sex, national origin, disability, age, or Vietnam veteran status as provided by law and in accordance with the University's respect for personal dignity.



# Registration Form MAIL TO: ATTENTION: PG2011325/1150 USF HEALTH PROFESSIONS CONFERENCING CORPORATION PO BOX 864240, ORLANDO, FL32886-4240 FAX TO: 813-974-3217 REGISTER ONLINE AT: www.cme.hsc.usf.edu

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FEE SCHEDULE  PRE CONFERENCE FEES AM PM ON ITS OWN	MARCH 31, 2011 – THURSDAY (PLE TRACK A B C 8:00 AM	D E  D G G G G G G G G G G G G G G G G G G	F  G  G  G  G  G  G  G  G  G  G  G  G  G	Annual Sa 28 - April 1,2
PM SESSIONS (CHOOSE ONE):  1-4PM "HANDS-ON" PRACTICAL EXPERIENCE WITH THE NEWEST PATIENT HANDLING EQUIPMENT – PART II: BED-RELATED PATIENT HANDLING TASKS  1-4PM NON-PUNITIVE BEHAVIORAL BASED STRATEGIES TO ENHANCE STAFF ENTHUSIASM FOR SPH PROGRAMS  4-4:30PM ORIENTATION FOR FIRST TIME CONFERENCE ATTENDEES (NO CHARGE FOR THIS SESSION)  MAIN CONFERENCE  PRE-REGISTRATION IS REQUIRED FOR YOUR SESSION OF CHOICE FOR MARCH 30TH AND MARCH 31ST OF THE MAIN CONFERENCE FOR CONCURRENT PAPER PRESENTATIONS AND WORKSHOP SESSIONS.  PLEASE CHECK EACH SECTION YOU SELECTED TO ATTEND: MARCH 29, 2011 – TUESDAY (PLEASE SELECT ONE)  BEGINNERS/INTERMEDIATE LEVEL AND FIRST TIME  CONFERENCE ATTENDEES  10:45 AM - 12:15 PM	■ WHERE NEXT AFTER "NO LIFT" HANDLING IN THE UK AND ITS F POST CONFERENCE APRIL 1, 2011 – FRIDAY, 8:00 AM PLEASE CHOOSE ONE: ■ CERTIFICATE PROGRAM TO TRA PEER LEADERS ■ ARCHITECTURAL AND SPACE C FOR SAFE PATIENT HANDLING  REGISTRATION FEES AND ENCLOSED IS MY CHECK MADE I USF HEALTH PROFESSIONS CONI CORPORATION (HPCC) IN THE AMOUNT OF \$  10% DISCOUNT FOR GROUPS OF RECEIVE DISCOUNT PLEASE CALL	- 3:00 PM AIN UNIT-BASED ONSIDERATIONS PAYMENT PAYABLE TO: FERENCING 3 OR MORE. TO	FOR MORE INFORMATION OF CONTINUING PROFES: AT 813-974-4296 OR 800-8 CREDIT CARD: VISA MASTERCARE IN THE AMOUNT OF \$	52-5362.
ADVANCED LEVEL	RECEIVE DISCOUNT PLEASE CALL: (813) 974-4296 OR 1-800-852-5362. THERE WILL BE NO REFUNDS AFTER MARCH 18, 2011.		NAME ON CARD (PRINT)	

ALL REFUNDS ARE SUBJECT TO A \$150.00 PROCESSING FEE. THERE WILL BE NO REFUNDS AFTER MARCH 18, 2011. USF HEALTH RESERVES THE RIGHT TO CANCEL THE PROGRAM DUE TO UNFORESEEN CIRCUMSTANCES, IN WHICH EVENT THE FULL REGISTRATION FEE WILL BE RETURNED, THE SPONSORS WILL NOT BE RESPONSIBLE FOR ANY OTHER COSTS INCLUDING TRAVEL AND HOTEL ACCOMMODATIONS.

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